

## Pico Laser Informed Consent

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The Pico laser produces an intense burst of light that is absorbed by the pigmented lesion or tattoo ink. All personnel in the treatment room will wear protective eyewear to prevent eye damage from this intense light.

Prior to the treatment, test spots may be performed. Test spots help to determine effective treatment settings.

The sensation of the laser light on the skin may feel like a slight pin prick, a snapping of a rubber band, or a sensation of heat. You will hear a slight snapping sound during the treatment and possibly will feel the touch of the laser distance gauge (part of the device) in the treated area. Sensation of the heat may last for an hour or longer after the treatment. Cool gel pack may be used post treatment to cool the skin and to minimize warmth.

Following the procedure, you may have redness or slight swelling in the treated area; this may last for 24 hours. You may also develop an acne-like breakout or slight darkening of the pigment; it should resolve without intervention in 3-7 days. Tattoos may blister and have pinpoint bleeding for a few days after treatment.

The area should be treated delicately following treatment. Do not pick on scabbing/blistering.

I have been informed that **hyperpigmentation** (darkening of the skin), and **hypopigmentation** (lightening of the skin) are possible complications of the procedure and incidence of this occurring are higher for darker skin types.

I understand that sun exposure, as well as not adhering to the posttreatment instructions provided to me may increase my chance of complications.

I agree to have before and after pictures taken of the area to be treated. I have read and understood all information presented to me, and I have been given an opportunity to ask questions before signing this consent.

### Post treatment:

Cool the skin post treatment as needed with cold gel packs or aloe vera gel.

Wash the treatment area gently with soap and water; do not soak the treated areas.

Apply moisturizer for sensitive skin.

Do not shave the treated area if crusting is evident

Avoid sun exposure between treatments. If sun exposure is unavoidable, use a 30+ sunblock to protect exposed, treated areas.

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Patient Name (Print)

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Patient Signature

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Date

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Doctor Signature

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Date

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Witness Signature

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Date