

Picosure Laser

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Remove all makeup, creams or oils prior to treatment.

Cleanse the treated area at least daily with water and mild soap, and then pat the area dry.

Do not rub or scratch the treated area.

You must wait four to six weeks between treatments on the same area of skin

Cold pack: You can apply a cold pack to the treated area if you want to after your treatment to ease any swelling. You can also take an anti-inflammatory as long as you are not allergic to it. Avoid aspirin-based pain relief because it could increase unnecessary bruising at the treated area.

Itching & Moisturizing: Itching is very common because the laser tends to dry out your skin. Use Biafine / CeraVe / or a moisturizer of your choice twice each day to keep the treatment area hydrated.

Makeup & fragrance: Do not apply makeup or anything directly on the healing area that may irritate the skin.

Shaving: Avoid shaving the treated area until it is completely healed.

Sunblock: The treated area will be particularly sensitive to sunlight. It is essential you wear sunblock minimum SPF 50 over the area for at least 3 months after each session.

Working out: Exercise is generally safe after treatment – taking into account the other aftercare instructions provided here.

Anything else: If the area looks infected / you experience unusual discomfort or bleeding / any other complications develop / or if you have any questions or concerns – contact our office immediately. Of course if you have any extreme reaction – seek immediate medical attention.

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